

## ■ Crohn's disease patients respond to chiropractic care

The November 2002 issue of the *Journal of Vertebral Subluxation Research* reports that a number of patients with Crohn's disease and other allergies have responded very favorably after a regimen of chiropractic adjustments.

51 patients were divided into two groups. The first group of 17 received chiropractic care and the remaining 34 who received no chiropractic care served as a control group. All patients continued taking whatever medications they had been taking prior to the study.

According to the study, "of the 17 patients who received spinal adjustments, 12 showed long-term and stable remission of their symptoms and 9 experienced an alleviation effect. We found that vertebral subluxation is a common and characteristic finding in patients with allergies and Crohn's disease."

The study concluded that nerve compression, resulting from vertebral subluxation, may have had a "significant effect on the immune function" of the patients in the study. They postulated that this same nerve compression also "leads to a chronic functional disorder having a significant effect on digestion, absorption of nutrients and liquids, conveyance of food as well as various other functions of the digestive tract extending to excretion.

Commentary: There is no doubt that nerve interference from vertebral subluxation can cause the body to malfunction to the point that disease processes can result if the nerve interference is present long enough. How long do you want to wait to find out if you have interference from vertebral subluxation? Until the disease process begins? How about finding it as soon as possible by getting regular Wellness spinal check-ups from your chiropractor? That makes the most sense.